

# Keep Your Attitude Up↑

... Attitude Accelerators to Help You Advance Your Success ...

Facilitated by Rosemary A. Ward, MA, DTM, CSP

**Format:** 90-120 minute interactive presentation

**Materials:** Student resources range from \$11.95/person to \$199.95/person

## AV Requirements:

- Varies depending on your setting
- We will provide you an AV request form and room set up request based on listening to your needs

## Description:

Are competing priorities, complexities, or the crankiness of others getting you DOWN? Then Power UP your attitude! While we may not be able to alter our circumstances or change others who make our lives more challenging, we can concentrate on keeping ourselves more positively positioned with what is most important. You'll appreciate steps to healthier and more productive thinking and living that will help you stay poised and communicate more effectively. You also appreciate proven ways to keep a wonderful sense of humor while you manage multitudes of responsibilities that you face day in and day out!

## About your presenter:



Rosemary A. Ward is the President of Training Direct, LLC, based in Whitehall, Michigan. Rosemary's diverse background keeps listeners engaged, interested and receptive to learning. She was born and raised on a farm, is a former vocational agriculture teacher, and earned a both bachelors and masters degrees from Michigan State University. She ranks in the top 1% out of 3,500 distributors in the world for the sale of top quality learning resources. Rosemary is a Distinguished Toastmaster (DTM), which is the highest earned designation available through Toastmasters International. She has also earned the Certified Speaking Professional (CSP), designation from the National Speakers Association held by fewer than 700 speakers globally. Her client list is impressive ranging from small organizations to Fortune 50 companies.

You'll appreciate Rosemary's practical ideas, high energy and down to earth humor to help you sustain and accelerate your success!

**Rosemary A. Ward, MA, DTM, CSP**  
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